



2024 Men's Retreat

Sons of Thunder Schedule

Friday April 19, 2024

3:00p – 5:30p Check in (Campus Office)
6:00p Dinner
7:00p Opening Session - Intro to theme
8:00p Cohort #1
9:30p Additional Team Time & Free Time
11:00p Lights Out

Saturday April 20, 2024

6:00a Cohort QT (optional)
7:00a Breakfast
8:00a Session 2
9:00a Cohort 2
10:30a Free time/Activities
12:00p Lunch
1:00p Session 3
2:00p Cohort 3
3:30p Free time/Activities
(Shooting Range, Fishing, Cornhole, Putt-Putt, Horseshoes, Gym, Field Games, Ping-Pong, Carpet Ball, Gaga Ball, Human Foosball, Volleyball)
6:00p Dinner
7:00p Session 4
8:00p Cohort 4
9:30p Additional Team Time & Free Time
11:00p Lights Out

Sunday April 21, 2024

7:00a Breakfast
8:00a Cohort 5 - Wrap up discussions (Personal Goals, Next Steps)
9:30a Session 5 - Worship and Outro
10:30a Pack up